



CHOICE HOLIDAYS

# WELLNESS PACKAGE

6 NIGHTS / 7 DAYS

Price Per Person in OMR

HOTEL	DBL SHARING
HOLIDAY INN CITY, VIENNA SCHWEBEBAHN, ZELL AM SEE	586.000

Valid until 31<sup>st</sup> August, 2008

## PACKAGE INCLUDES:

- ◆ Economy class air ticket Muscat/Zurich/Vienna/Zurich/Muscat on Swiss
- ◆ 03 nights / 04 days hotel stay at 4\* or similar in Vienna
- ◆ 03 nights / 04 days hotel stay at 4\* or similar in Zell am See.
- ◆ Daily breakfast
- ◆ Return transfers by private car.
- ◆ Train ticket Vienna – Zell am See – Vienna.

Zell am See is not just a piece of paradise, but a place where you are the focus of attention. With opportunity to avail personal Fitness and Health checks which provide you with the details about your current physical fitness with regard to stamina, strength, coordination and mobility.

Hotel Schwebbahn featured in our package, is a truly first-class family run hotel with a fantastic location right by the piste and a high reputation for food and service. Take advantage of the excellent leisure facilities or pamper yourself in the treatment centre after a day on the slopes.

## PACKAGE EXCLUDES:

- ◆ Any items not shown above

## NOTE:

- Packages & Prices Subject to change without prior notice
- Seasonal Surcharge applies
- Airport taxes not included

**This is an invitation to treat and not an offer...**

For further details contact your Travel Agent

OR

Choice Holidays – N.T.T

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CHOICE HOLIDAYS

# AUYRVEDA PACKAGE

**Rejuvenate your body and mind – the Ayurvedic way**

7 NIGHTS / 8 DAYS	Price Per Person in OMR
HOTEL	DBL SHARING
KAIRALI AYURVEDIC HEALTH RESORT	576.000

Valid until 31<sup>st</sup> August, 2008

## PACKAGE INCLUDES:

- ◆ Economy class air ticket Muscat/Cochin/Muscat on **Indian**
- ◆ Accommodation as indicated, with all meals, on Ayurvedic diet as prescribed by the consultant
- ◆ Daily Ayurvedic treatments, after arrival consultation with the doctor, with all Ayurvedic medicines, herbs and oils during the stay.
- ◆ Return transfers by air-conditioned car between resort and airport

Ayurveda, it originated in Kerala, and is more than 5,000 years old. 'Ayur' means life and 'Ved' means knowledge. This holistic science is the knowledge of complete balance of the Body, Mind and Spirit, including the emotions and psychology, on all levels. It includes in its consideration, longevity, rejuvenation and self-realization therapies through herbs, diet, exercise, yoga, massage, aromas, tantras, mantras and meditation.

## PACKAGE EXCLUDES:

- ◆ Any items not shown above

## NOTE:

- Packages & Prices Subject to change without prior notice
- Seasonal Surcharge applies
- Airport taxes not included
- Child sharing is without bed

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